



Leadership Training

Fundamental Movement Skills for Early Childhood settings

BURRIDGE CAMPUS NSCC YARMOUTH, **SAT. MAY 13, 2017** 10:00 AM – 1:30 PM

PD HOURS 3.5 **COST: \$30-** INCLUDES WORKSHOP, MANUAL,
AND HEALTHY SNACKS

What is Tumblebugs?

Tumblebugs is an exciting program designed by Gymnastics Nova Scotia that teaches basic body movement skills to 3-5 year olds. Participants who take this training will become certified Tumblebugs Leaders.

Who can use Tumblebugs?

Anyone can use it. Tumblebugs can be used by leaders in family resource centres, play groups, day cares, schools, a day camp or sport camp setting, an after school program could be developed, or a regular weekly program.

Why take the training?

Physical activity is part of healthy child development. Active and healthy children are more likely to become active and healthy adults. As a Tumblebugs Leader, you will give them fundamental movement skills that will serve them for a lifetime.



Registration deadline:

April 28, 2017.

**For info, please call or e-mail
ann.muise@nsc.ca**

902-742-7832

**Please note registration is through
Gymnastics NS. Please complete their
registration form attached**

Reminder Dress for light activity & bring a pen